

# D.A.V. PUBLIC SCHOOL, THANE

2024 - 2025

## Report on Extra-curricular Activities - Saturday and Sunday Activities

*'All work and no play make Jack a dull boy.'*

**Date: 08.08.2024**

An extracurricular is defined as "an activity at a school pursued in addition to the normal course of study." A student can stick with an activity for an extended period who has passion to work on their innate talents, and takes initiative to continue learning and growing outside of their schoolwork so the Saturday, Sunday activities conducted in our school gives them the exposure to showcase their hidden talents. Whether it's sports, theatre, music, or robotics, students participating in activities outside their academic coursework are involved in these activities due to the benefits of them. Let us highlight some of the benefits of participating in extracurricular activities are, it:

- Cultivates Leadership Opportunities
- Gaining Social Opportunities
- Building Self-Esteem
- Enhances Teamwork Experience,
- Develops Time Management Skills,
- Promotes Networking Skills,
- Fosters Confidence,
- Increases Academic Performance
- The Hidden Talent Could Be a Career Path in Future

There are a variety of reasons why these activities are necessary for students. Essential life skills such as goal setting, hands on experience and problem-solving are

some real-world skills one may learn from being in an extracurricular. "The more you push yourself in extracurricular endeavors, the more you'll develop these skills" Moreover, having moral standards is important because it shows who you are as a person and contributes to how you behave with others. Getting an education is important but being in one of these extracurriculars is an essential part of a child's development as it "increases self-confidence, teaches people to be more social, and helps them develop their talents."

For the holistic development of the students the following activities are conducted in **D.A.V Public School, Thane** like:

- **Personality Development:** The teachers of personality development are grooming each child's leadership quality, social etiquettes, life skill, public speaking skill and being professional. The students truly enjoy the session through interactive method. Formal and informal dressing was the highlight of the personality Development session.



- **Theatre Club:** The students feel excited and enjoy the session as they learn the Basic Drama skills, Pantomime, Costuming, Mastering Facial Expressions, Mastering Dialogue delivery, and Voice over for Animated Characters with our help of the expert teachers who help them build self-confidence, develop critical thinking and communication skills.

- **Little Master Chef:** Our students relished the different delicacies while they made Cup Cakes, Mocktails, Sprout Salad, Sandwich Making, Chaat Making, Vegetable Canopy, Vegetable Salad Dressing with their teachers.



- **Zumba/Indoor Recreational Games, Hindustani Vocal, Keyboard/Casio, Drumming, Tabla, Dance:** The students are really enthusiastic and energetic throughout the session while they learn all of it with our expert teachers.



**Creative Craft:** Here our students rejoice the benefit of using acrylic colours for making different types of paintings with the help of teachers.

**ICT:** Students along with our teachers learnt to be techno savvy while they enjoyed doing and getting hands on experience of Collage Making, Create Greeting card, Avtara, Canva, PowToon, PowerPoint Animation, Song fusion, Pivot animation, Gimp, and Comic Strip Making.



➤ **Gymnastics, Roller Skating, Taekwondo (Korean Marshal Art):** With basic fitness our students freak out on as they learn Gymnastics, Roller Skating, Taekwondo.



➤ **Chess:** A mind game which thrills our students to learn how to challenge, accept the challenge and win the game with the moves taught by our teachers

➤ **Robotics & Aero Modelling:** Students in this activity get charged up with the teacher as they learn designing, construction and flying of model planes.



